

SECTION .0300 - FACILITY REQUIREMENTS FOR CENTERS AND HOMES

10A NCAC 06S .0301 REQUIREMENTS

(a) General requirements governing facilities, construction, equipment, and furnishings for adult day care as set forth in 10A NCAC 06R .0400 shall apply to adult day health.

(b) Additional facility requirements are as follows:

- (1) Facility space shall be of sufficient dimension and size to allow for required program group activities. Notwithstanding the space requirements of 10A NCAC 06R .0401:
 - (A) adult day health centers and adult day health homes shall provide at least 60 square feet of indoor space excluding hallways, offices, and restrooms for each participant;
 - (B) combination programs shall provide at least 50 square feet of indoor space excluding hallways, offices, and restrooms for each participant; and
 - (C) adult day health programs or combination programs that share space with other programs or activities in a multi-use facility shall have a nucleus area separate from other activities in the rest of the building and shall have a fire-resistant rated separation according to the North Carolina Building Code. The nucleus area must provide at least 40 square feet of indoor space per participant excluding hallways, offices, and restrooms, and a minimum of 20 square feet per participant must be provided in other space in the facility designated for use by the adult day health program. When the other space is being used at the same time by individuals participating in other services provided in the multi-use facility, the 20 square feet per participant is in addition to any minimum square footage requirement for other use of such space. Shared facility space outside the nucleus area that may be used by the adult day health program and counted in meeting the 20 square feet per participant requirement includes craft, therapy, and other activity areas. Dining space may be included if also used for activities. Offices, restrooms, hallways, kitchens, and shared treatment rooms shall not be counted in meeting the 20 square feet per participant requirement. Participation shall be open only to persons enrolled in the program and to visitors on a planned basis, as referenced in 10A NCAC 06R .0510. Involvement of adult day health participants in other activities in the building shall be on planned basis, as part of the adult day health program plan, and supervised by an adult day health staff member.
- (2) Facilities shall have a minimum of one male and one female accessible toilet in accordance with the North Carolina Building Code. One toilet shall be available for each 12 adults, including staff and participants who utilize the facility. One hand lavatory shall be provided for each two toilets.
- (3) The facility shall have a minimum of one private office for staff use with equipment and furnishings for administrative purposes and for conferences with individual participants and families.
- (4) The facility shall include a treatment room that is enclosed and private from the rest of the facility. The treatment room shall meet the North Carolina State Building Code. The treatment room shall have a sink or have a doorway that connects it to a room containing a sink. The room shall contain a treatment table or bed with a waterproof mattress cover that will serve as a treatment table, storage cabinet for first aid and medical supplies and equipment, table or desk, and two chairs. The storage cabinet shall be kept locked.
- (5) The treatment room shall provide a means of ensuring the privacy of the person on the treatment table.
- (6) The treatment room shall have the following medical supplies and equipment:
 - (A) first aid supplies consisting of absorbent compress, adhesive bandages, adhesive tape, antiseptic, burn treatment, medical exam gloves, sterile pads, and triangular bandage;
 - (B) fever thermometer;
 - (C) blood pressure cuff;
 - (D) stethoscope;
 - (E) medical scales, or scales that can be calibrated;
 - (F) emesis pail or bag;
 - (G) bed pan;
 - (H) urinal; and
 - (I) wash basin.

*History Note: Authority G.S. 131D-6; 143B-153(2a); 143B-153(6); 42 USC 3032c;
Eff. September 1, 1990;
Amended Eff. July 1, 2007.
Readopted Eff. November 1, 2019.*